**Springboard Activity**

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| C:\Documents and Settings\Owner\Local Settings\Temporary Internet Files\Content.IE5\LGH5R5TN\MC900340446[1].wmf The doctor just told your dad he has high blood pressure. You want to find out ways to help him take better care of himself. What do you do? | C:\Documents and Settings\Owner\Local Settings\Temporary Internet Files\Content.IE5\ABSBLIRY\MC900071259[1].wmf  You’re tired of wearing glasses. You really want contact lenses, but your parents say “no.” How can you find information to convince them that you are ready for contacts? |
| C:\Documents and Settings\Owner\Local Settings\Temporary Internet Files\Content.IE5\4ZW3K5MT\MC900240569[1].wmfGrandma has been having a difficult time hearing. You want to find out how you can help her or if she needs to see a doctor. What do you do? | C:\Documents and Settings\Owner\Local Settings\Temporary Internet Files\Content.IE5\GH6V09YF\MC900389162[1].wmfYour little brother has been sleepwalking and pulling all of your clothes out of your drawers. You really want him to stop! How do you find out more about sleepwalking? |
| C:\Documents and Settings\Owner\Local Settings\Temporary Internet Files\Content.IE5\KXG3C3W7\MC900290957[1].wmfYou sister told you she’s thinking about smoking. You know it’s bad, and you want to find some proof to help her make a good decision. What do you do? | C:\Documents and Settings\Owner\Local Settings\Temporary Internet Files\Content.IE5\GBM547GV\MC900441750[1].pngC:\Documents and Settings\Owner\Local Settings\Temporary Internet Files\Content.IE5\O1UJKPI3\MC900436373[1].pngYour friend thinks she needs to lose weight. She has decided to go on a crackers and water diet. You want to find some information on healthy eating and weight loss to inspire her instead. How can you find this information? |